



AN (81) PAGE GUIDE OF

ENGAGING SOCIAL MEDIA POSTS

by Toni Coleman Brown

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Disclaimer

This e-book has been written to provide information regarding social media marketing. Every effort has been made to make the information as complete and accurate as possible. This e-book should be used as a guide and not as the ultimate source.

The purpose of this e-book is to educate. The author and publisher does make any promises and shall not be responsible for any errors or omissions. It is the responsibility of the person or entity with respect to any loss or damage caused directly or indirectly by this e-book.

But with that being said, I hope that this book assists in helping you to achieve your personal and professional goals.

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Social Media Engagement Posts

This document includes 75 pages of posts that you can use to increase your engagement. You can either try them all or you can try some of them. Or you can take them and change them around to make them your own. I encourage you to take them and put them on a nice background using an app. I suggest using Canva (www.canva.com) to do this or if you want to use your phone, then you can use the app Word Swag, you can find it here: <http://wordswag.co/>

When you use apps like these your posts will look like this:



Or you can put them in a beautiful background and fancy font and they can look like this:



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This is a test of the post above to prove that this works. This was posted on 2/26/18 and I took the picture, one hour after posting this and as you can see it is already getting some good engagement.



Because social media is constantly changing there is one thing about it that is absolutely not and that is the social aspect of it all. Therefore, it is important to engage as well as inform and move the conversation from social media, to your list and into your wallet. It is a process. Sometimes it's fast and sometimes it's slow. However, one thing is for sure, and that is that you cannot win in the social media game if you're not in it.

Below you will find engaging posts. We start off with questions because there is no better way to engage than with questions. When your followers answer these questions, particularly on Facebook, you can now you take that engagement a little further by amplifying it with an app

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like [CrediResponse](#). Whenever someone writes a comment on your Facebook post you can now respond to them automatically when you use an automation tool like [CrediResponse](#). This is the perfect way for you to take the engagement to a whole new level.

So without any further delay, below you will find over 80 pages of sample posts that you can use to increase engagement for you and/or your business. Enjoy! But most importantly – Take ACTION!

Engagement Questions

What's something nobody could ever steal from you?

Who has had the greatest impact on your life?

Do you like the city or town you live in? Why or why not?

When was your first impression of someone totally wrong?

Would you be willing to reduce your life expectancy by 10 years to become extremely attractive or famous?

For you personally, what makes today worth living?

Are you happy with where you are in your life? Why?

What is your favorite movie of all time?

If you could have any super power, what would it be?

When you close your eyes what do you see?

Would you rather be in your pajamas all day or in a suit all day?

Do you believe people are inherently good?

When was the last time you listened to the sound of your own breathing?

What's the one thing you'd like others to remember about you at the end of your life?

When you are 80-years-old, what will matter to you the most?

What's something you disliked when you were younger that you truly enjoy today?

What music do you listen to lift your spirits when you're feeling down?

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If your life was a novel, what would be the title and how would your story end?

What do you like most about your job?

What's the next big step you need to take?

What life lesson did you learn the hard way?

Would you rather be super strong or super fast?

Have you ever cried because you were so happy?

What has fear of failure stopped you from doing?

What is the most important thing you could do right now in your personal life?

Do you sing in the shower?

Who is your favorite athlete?

What's something you wish you had done earlier in life?

When you look back over the past month, what single moment stands out?

What is the best piece of advice you've received?

What things in life should always be free?

What was the last movie you've seen?

Can there be happiness without sadness? Pleasure without pain? Peace without war?

How do you know when it's time to continue holding on or time to let go?

Is stealing to feed a starving child wrong?

When did you not speak up when you should have?

What are you looking forward to in the upcoming week?

What's something you would do every day if you could?

What life lessons did you have to experience firsthand before you fully understood them?

What is the closest you have ever come to fearing for your life?

What's something new you recently learned about yourself?

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If you could go back in time and change things, what would you change about the week that just passed?

What one thing have you not done that you really want to do? What's holding you back?

What did you want to be when you grew up?

Where or who do you turn to when you need good advice?

Is it possible to lie without saying a word?

What is the best thing that happened to you during the past week?

How do you deal with someone in a position of power who wants you to fail?

What would you do differently if you knew nobody would judge you?

What have you done in the last year that makes you proud?

What are three moral rules you will never break?

What would your 'priceless' MasterCard-style commercial be?

What is your favorite holiday?

What would you do if you only had 24 hours left to live?

What is the most enjoyable thing your family has done together in the last three years?

What is your favorite charity?

What impact do you want to leave on the world?

What is your favorite day of the week?

What three questions do you wish you knew the answers to?

How would you describe 'freedom' in your own words?

Right now, at this moment, what do you want most?

Who do you look up to?

If you could live anywhere in the world, where would you live?

How many friends do you have in real life that you talk to regularly?

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When should you reveal a secret that you promised you wouldn't reveal?

If you could offer a newborn child only one piece of advice, what would it be?

What are your plans for this weekend?

Do you have any siblings?

If you looked into the heart of your enemy, what do you think you would find that is different from what is in your own heart?

How often do you shower?

How have you sabotaged yourself in the past five years?

If you had a million dollars, what would you do with it?

What positive changes have you made in your life recently?

What are some recent compliments you've received?

If you had to be someone else for one day, who would you be and why?

What do you love? Have any of your recent actions openly expressed this love?

What's something simple that makes you smile?

Why do religions that advocate unity divide the human race?

If someone could tell you the exact day and time you are going to die, would you want them to tell you?

What one thing have you not done that you really want to do?

What was your worst vacation experience?

What's the most important lesson you've learned in the last year?

If you could choose one book as a mandatory read for all high school students, which book would you choose?

Can you describe your life in a six word sentence?

Would you rather lose half your hair or lose half your hearing?

Are you more worried about doing things right, or doing the right things?

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Do you drink coffee or tea?

What one 'need' and one 'want' will you strive to achieve in the next twelve months?

Would you rather be homeless or live without family and friends?

What small act of kindness were you once shown that you will never forget?

What's something you don't like to do that you are still really good at?

What is something you would hate to go without for a day?

Do you think crying is a sign of weakness or strength?

Is it ever right to do the wrong thing? Is it ever wrong to do the right thing?

In what way are you your own worst enemy?

Do you prefer cats or dogs?

Would you rather your child be less attractive and extremely intelligent or extremely attractive and less intelligent?

Who is your favorite actor?

If you just won a million dollars, would you quit your job?

If you could meet anyone in history, who would it be?

How old would you be if you didn't know how old you are?

What are the primary components of a happy life?

Who is your favorite music artist?

What was the last book you read?

What is the biggest change you have made in your life in the last year?

What do you like to do to relax?

What is the difference between living and existing?

Which is worse, when a good friend moves away, or losing touch with a good friend who lives right near you?

What is something you have always wanted since you were a kid?

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What is your favorite food?

What is your number one goal for the next six months?

What was the last thing you furiously argued about with someone?

What would you regret not fully doing, being, or having in your life?

What is your favorite drink?

What is the nicest thing someone has ever done for you?

Would you rather be a worried genius or a joyful simpleton?

Who do you love and what are you doing about it?

What do you look for in a guy/girl?

What is your favorite TV show?

If you were stranded on a deserted island and you could have only 1 item, what would it be?

When it's all said and done, will you have said more than you've done?

What is the number one quality that makes someone a good leader?

How do you know when it's time to move on?

If happiness was the national currency, what kind of work would make you rich?

What is the number one thing you want to accomplish before you die?

Would you rather be blind or deaf?

If you could do it all over again, would you change anything?

Who was the last person you said "I love you" to?

How do you spend the majority of your free time?

What have you read online recently that inspired you?

What do you sometimes pretend to understand that you really do not?

Would you rather be a chronic farter or a chronic belcher?

What do you usually think about on your drive home from work?

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If you could ask one person, alive or dead, only one question, who would you ask and what would you ask?

Would you rather eat healthy or exercise regularly?

Would you rather be poor and work at a job you love or be rich and work at a job you hate?

What do you wish did not exist in your life?

How short would your life have to be before you would start living differently today?

Why did your parents give you the name _____?

What's something you said you'd never do, but have since done?

In one sentence, what do you wish for your future self?

What do you admire most about your mother and father?

What promise to yourself do you still need to fulfill?

If today was the last day of your life, who would you call and what would you tell them?

What's something that used to scare you, but no longer does?

What motivates you to go to work each day?

What are you known for by your friends and family?

In one word, how would you describe your childhood?

What can you do today that you were not capable of a year ago?

What is the most valuable thing that you own?

What's something you know you do differently than most people?

If you haven't achieved it yet what do you have to lose?

How much money per month is enough for you to live comfortably?

What do you appreciate most about your current situation?

If you had three wishes, what would they be?

What word best describes the way you've spent the last month of your life?

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What will be different about your life in exactly one year?

What are you most excited about in your life right now – today?

Who is your mentor and what have you learned from them?

Which one of your responsibilities do you wish you could get rid of?

When you help someone do you ever think, "What's in it for me?"

What's a belief that you hold with which many people disagree?

Who or what is the greatest enemy of mankind?

Would you break the law to save a loved one?

What recently reminded you of how fast time flies?

Who or what do you think of when you think of love?

How would you describe the past year of your life in one sentence?

What do we all have in common besides our genes that makes us human?

Can you think of a time when impossible became possible?

What does 'The American Dream' mean to you?

What are three things you can't get enough of?

If you could go back in time and tell a younger version of yourself one thing, what would you tell?

What's something bad that happened to you that made you stronger?

Would you rather have less work to do, or more work you actually enjoy doing?

What is the number one solution to healing the world?

How would an extra \$1000 a month change your life?

What's your favorite true story that you enjoy sharing with others?

When you have a random hour of free time, what do you usually do?

Do you believe in soul mates?

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What is your favorite ice cream flavor?

What have you been counting or keeping track of recently?

What's something you should always be careful with?

Would you rather lose all of your old memories, or never be able to make new ones?

At what time in your recent past have you felt most passionate and alive?

Where do you plan on going for your next vacation?

When you're 90-years-old, what will matter to you the most?

If life is so short, why do we do so many things we don't like and like so many things we don't do?

What would you do if you made a mistake and somebody died?

What experience from this past year do you appreciate the most?

Would you rather be really hairy or completely bald?

Based on your current daily actions and routines, where would you expect to be in five years?

Would you rather be rich or be poor and find true love?

What is the most defining moment of your life thus far?

What did you do this past weekend?

What is your favorite meal of the day?

Would you rather have to sit all day or stand all day?

Have you ever seen insanity where you later saw creativity?

What is the one thing you'd most like to change about the world?

When was the last time you tried something new?

What is the one primary quality you look for in a significant other?

How will today matter in five years from now?

If we learn from our mistakes, why are we always so afraid to make a mistake?

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Are you holding onto something you need to let go of?

When was the last time you lost your temper? About what?

What is your favorite fictional story? (novel, movie, fairytale, etc

What did you learn recently that changed the way you live?

When you look into the past, what do you miss most?

Would you rather be the most popular kid in school or the smartest kid in school?

If you had to move 3000 miles away, what one thing would you miss the most?

If you had to move 3000 miles away, what would you miss most?

Are you a saver or a spender?

What is your favorite sports team?

What are your turn offs?

If you had to teach something, what would you teach?

How would the world be different if you were never born?

Tell me about your first car.

Whose life have you had the greatest impact on?

What is your favorite children's book?

What questions do you often ask yourself?

What was the worst movie you've ever seen?

Would you prefer to live in the city or a rural area?

What is something you have never done but would like to do?

Are you more like your mom or your dad? In what way?

How do you find the strength to do what you know in your heart is right?

Have you ever been in love?

What's a quick decision you once made that changed your life?

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What or who do you wish you lived closer to?

What is the number one motivator in your life right now?

What does it mean to allow another person to truly love you?

What do you understand today about your life that you did not understand a year ago?

What recent memory makes you smile the most?

When in your life have you been a victim of stereotyping?

When have you worked hard and loved every minute of it?

People who are in default mode are not asking themselves these types of questions

What was the last thing you purchased?

What have you done that you are not proud of?

What is the greatest peer pressure you've ever felt?

If you knew that everyone you know was going to die tomorrow, who would you visit today?

Where did you grow up?

If you could live one day of your life over again, what day would you choose?

Have you ever been with someone, said nothing, and walked away feeling like you just had the best conversation ever?

What do you have a hard time saying "no" to?

What's something you wish you could do one more time?

What is your favorite season?

If a doctor gave you five years to live, what would you try to accomplish?

What do you have trouble seeing clearly in your mind?

What's something you have that everyone wants?

If you haven't achieved it yet, what do you have to lose?

What is your favorite pizza topping?

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How many of your friends would you trust with your life?

Is it more important to love or be loved?

If you had the opportunity to get a message across to a large group of people, what would your message be?

What is your favorite sports team?

In order of importance, how would you rank: happiness, money, love, health, fame?

What are the top three qualities you look for in a friend?

What would you regret not fully doing, being or having in your life?

What has the little voice inside your head been saying lately?

Is it more important to do what you love or to love what you are doing?

What's the difference between being alive and truly living?

What is the most valuable life lesson you learned from your parents?

What three words would you use to describe the last three months of your life?

Do you know what your name means?

At what point during the last five years have you felt lost and alone?

What is the best advice you have ever received?

Are you doing what you believe in, or are you settling for what you are doing?

What's the number one change you need to make in your life in the next twelve months?

To what degree have you actually controlled the course your life has taken?

What's the number one thing you want to achieve in the next five years?

What's the best decision you've ever made?

What do you wish you spent more time doing five years ago?

What is your biggest regret?

Do you feel like you've lived this day a hundred times before?

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Do you speak any other languages?

Who was the last person you called?

What is the biggest motivator in your life right now?

How many hours a week do you spend online?

How are you pursuing your dreams right now?

Would you rather never play or play but always lose?

Through all of life's twists and turns who has been there for you?

What's something most people don't know about you?

How have you changed in the last five years?

What's the biggest lie you once believed was true?

If you could live anywhere in the world, where would it be?

Would you rather be 4'5" or 7'7"?

Why do religions that support love cause so many wars?

What is the craziest thing you've ever done?

What's something you know you can count on?

When does silence convey more meaning than words?

Would you rather lose all of your old memories or never be able to make new ones?

What do you sometimes pretend you understand that you really don't?

What is your favorite restaurant?

In one word, how would you describe your personality?

What's a belief you hold with which many people disagree?

What are you waiting for? How are you writing your life's story?

If it all came back around to you, would it help you or hurt you?

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When was the last time you marched into the dark with only the soft glow of an idea you strongly believed in?

What's something about you that has never changed?

Would you rather be rich and never find true love or be poor and find true love?

What do you wish you had done differently?

What type of music do you like to listen to?

What type of phone do you have?

What is the simplest truth you can express in words?

What do you do when nothing else seems to make you happy?

Where do you see yourself 5 years from now?

Would you rather have your flight delayed by 8 hours or lose your luggage?

When was the last time you noticed the sound of your own breathing?

Would you rather take an ice cold shower and be clean or not shower at all?

How come the things that make you happy don't make everyone happy?

In your lifetime, what have you done that hurt someone else?

What was the most defining moment in your life during this past year?

Have you ever regretted something you did not say or do?

What's something that's harder for you than it is for most people?

What do your parents do for a living?

What kind of music do you listen to?

What's something a lot of people do that you disagree with?

What simple fact do you wish more people understood?

Who do you think stands between you and happiness?

What do you see when you look into the future?

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What is important enough to go to war over?

Do you play any sports?

When you meet someone for the very first time what do you want them to think about you?

In twenty years, what do you want to remember?

Would you rather work really hard at an interesting job or slack off at a boring job?

What was the last thing that made you laugh out loud?

What mistakes do you make over and over again?

Do you own your things or do your things own you?

Do you sleep with a stuffed animal?

Why do we think of others the most when they're gone?

Would you rather have less work or more work you actually enjoy doing?

Do you believe in love at first sight?

If today was the last day of your life, would you want to do what you are about to do today?

What artistic medium do you use to express yourself?

When you think of 'home,' what, specifically, do you think of?

Is it possible to know the truth without challenging it first?

What simple gesture have you recently witnessed that renewed your hope in humanity?

What is your middle name?

What's the most sensible thing you've ever heard someone say?

Do you prefer short hair or long hair on a guy/girl?

What do you think about when you lie awake in bed?

Do you believe in luck?

What do you do over and over again that you hate doing?

So far, what has been the primary focus of your life?

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If you could instill one piece of advice in a newborn baby's mind, what advice would you give?

What is the signature dish that you cook?

What are some of your short-term goals?

What do you do to deliberately impress others?

What is the most insensitive thing a person can do?

What do you have that you cannot live without?

What's something from the past that you don't miss at all?

What lifts your spirits when life gets you down?

What is your most striking physical attribute?

What has been the most terrifying moment of your life thus far?

Do you ask enough questions or do you settle for what you know?

If the average human lifespan was 40 years, how would you live your life differently?

What's the difference between settling for things and accepting the way things are?

What did you have for dinner last night?

Would you ever give up your life to save someone else?

In one year from today, how do you think your life will be different?

Do you have any pets?

Would you rather give out bad advice or receive bad advice?

Would you rather be the worst player on the best team or the best player on a great team?

What is the last thing you do before you go to sleep?

If you had the chance to go back in time and change one thing would you do it?

What is the most spontaneous thing you've ever done?

What's the most difficult decision you've ever made?

Would you rather go without the internet or a car for a month?

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What is the difference between innocence and ignorance?

What is your greatest strength and your greatest weakness?

Are there any foods that you dislike or will not eat?

Would you rather be rich and ugly or poor and good looking?

Why must you love someone enough to let them go?

What job would you never do no matter how much it paid?

Do you play video games?

Would you rather go to jail for a year or live in your car for a year?

Have you ever gotten a speeding ticket?

With the resources you have right now, what can you do to bring yourself closer to your goal?

How do you deal with isolation and loneliness?

What do you imagine yourself doing ten years from now?

If you could take a single photograph of your life, what would it look like?

Now that it's behind you, what did you do last week that was memorable?

What is your most embarrassing moment?

Do you remember that time 5 years ago when you were extremely upset? Does it really matter now?

When is it time to stop calculating risk and rewards and just do what you know is right?

What book has had the greatest influence on your life?

In one sentence, how would you describe your relationship with your mother?

What do you like to do in your spare time?

What is the biggest obstacle that stands in your way right now?

What is the one thing you would most like to change about the world?

What is one thing right now that you are totally sure of?

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Have you been the kind of friend you want as a friend?

Do you play any instruments?

What are some of your long-term goals?

When was the last time you lied? What did you lie about?

What is the difference between being alive and truly living?

What is the most recent dream you remember having while sleeping?

When you look into the past, what do you miss the most?

What is the biggest challenge you face right now?

What is your dream job?

What countries have you traveled to?

Would you rather be tall and fat or short and well built?

Is there ever a time when giving up makes sense?

Would you rather be ugly and marry a good looking person or be good looking and marry an ugly person?

Excluding romantic relationships, who do you love?

What would you not give up for \$1,000,000 in cash?

Would you rather smell your own fart or smell someone else's?

If I could grant you one wish what would you wish for?

Who do you sometimes compare yourself to?

What do you need to spend more time doing?

What type of cell phone do you have?

Would you rather drink a cup of spoiled milk or pee your pants in public?

What is your happiest childhood memory? What makes it so special?

When is it time to stop calculating risk and rewards, and just go ahead and do what you know is right?

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If you left this life tomorrow, how would you be remembered?

What is something you've always wanted, but don't yet have?

How many hours of television do you watch in a week? A month? A year?

If you could relive yesterday what would you do differently?

What do you like most about your job? What do you dislike most about your job?

What is the worst thing that happened to you during the past week?

When did you experience a major turning point in your life?

What is the difference between falling in love and being in love?

What should you avoid to improve your life?

How would you describe your future in three words?

What is your most beloved childhood memory?

If you could live forever, would you want to? Why?

Would you rather lick someone else's armpit or have someone else lick your armpit?

Do you push the elevator button more than once? Do you really believe it makes the elevator faster?

Is it better to have loved and lost or to have never loved at all?

Which activities make you lose track of time?

What do you know well enough to teach to others?

Is it possible to know the truth without challenging it first?

How would you describe yourself in one sentence?

Would you rather dump someone else or be the person getting dumped?

What is the first thing you notice about a guy or girl?

If you had to move to a state or country besides the one you currently live in, where would you move and why?

Are there any foods that you would like to try?

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What's a common misconception people have about you?

Is it possible to know, without a doubt, what is good and what is evil?

If you knew that you only had a year left to live, what would you do?

Would you rather eat a stick of butter or snort a tablespoon of salt?

In the haste of your daily life, what are you not seeing?

What can someone do to grab your attention?

What's one downside of the modern day world?

Beyond the titles that others have given you, who are you?

Who do you think of first when you think of 'success?'

What is the first thing you do when you wake up?

What personal prisons have you built out of fears?

What is your fondest memory from the past three years?

Where do you spend most of your time while you're awake?

If the average human life span was 40 years, how would you live your life differently?

Would you rather be stuck in a house with someone you hate or be stuck in a house alone?

What do you do with the majority of your money?

What is the most desirable trait another person can possess?

What is your favorite board game?

How often do you exercise?

What are you scared of?

Are you holding onto something that you need to let go of?

If I gave you \$1000 and told you that you had to spend it today, what would you buy?

If you could live the next 24 hours and then erase it and start over just once, what would you do?

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What specific character trait do you want to be known for?

How have you helped someone else recently?

Have you done anything lately worth remembering?

Where was the last place you went on vacation?

When did you first realize that life is short?

Other than money, what else have you gained from your current job?

What is one opportunity you believe you missed out on when you were younger?

Quotes

Happiness is acceptance.

I did not hear to words you said, instead I heard the love.

Truth is owned by everyone.

The quickest way to kill the human spirit is to ask someone to do mediocre work. - Ayn Rand

Each day slowly shapes our lives, as dripping water shapes the stone.

Experience is a dear teacher, but fools will learn from no other.

The sooner you fall behind, the more time you have to catch up.

Experience is the best teacher, but the tuition is very costly.

You didn't walk out on me Mama, you just beat me to the door

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Solution to hardware problems: throw it away and buy a new one

Practice random kindness and senseless acts of beauty.

A friend is a gift you give yourself. ~Robert L. Stevenson

The more adapted you are, the less adaptable you tend to be.

The heart that breaks open can contain the whole universe. - Joanna Macy

Fool me once, shame on you. Fool me twice, shame on me.

Cherishing children is the mark of a civilized society. ~Joan Ganz Cooney

On Western civilization: "I think it would be a good idea." -- Mahatma Gandhi

A group is as capable as it contains capable individual members

If music be the food of love then play on

Most of all - let love guide your life. ~Colossians 3:14

Money is far more persuasive than logical arguments. ~Euripides

We may give without loving, but we cannot love without giving.

Nobody really finds out what he believes until he begins to instruct his children.

Anyone bored these days is not paying attention. ~Bill Copeland

If you don't make waves, you're not under way.

We may have all come on different ships, but we are in the same boat now. - M.L.King

Genius is 1% inspiration and 99% perspiration.

Life is a song. Love is the music.

Never mistake activity for progress.

Minds are like parachutes -- they only function when open.

Money - the root of all evil... Man needs roots.

I am only visiting this planet

The purpose of life is a life of purpose. - Robert Byrne

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Always keep a record of data - it indicates you've been working.

The later you arrive at work, the earlier you can leave

Life is an adventure in forgiving. ~Norman Cousins

It's easier to apologize afterwards than getting something allowed in the first place. - Clifford Stoll

The only thing worse than watching a bad movie is being in one. ~Elvis Presley

Insecurity exists in the absence of knowledge

Time, like a snowflake, disappears while we're trying to decide what to do with it.

Life is like an onion; you peel off one layer at a time, and sometimes you weep.

It's not what you know, it's how fast you can find it out.

The only richness there is is understanding

Man's mind, once stretched by a new idea, never regains its original dimensions.

The gift of happiness belongs to those who unwrap it.

The worst whistlers whistle the most.

When you help someone up a hill, you're that much nearer the top yourself.

If you're asked to join a parade, don't march behind the elephants.

The less you know about an opportunity, the more attractive it is.

The reward of a thing well done is to have done it.

Life is tough, and then you die

The first duty of love is to listen.

Even if on the right track, you'll get run over if you just sit there.

Zenmaster to Hotdog Vendor: "Make me one with everything"

Next to power without honor, the most dangerous thing in the world is power without humor.

If it wasn't for the last minute, nothing would get done.

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Gather the crumbs of happiness and they will make you a loaf of contentment.

Earth laughs in flowers.

If you want to make an easy job seem mighty hard, just keep putting it off.

Our best preparation for tomorrow is the proper use of today.

You are much too intelligent to be affected by flattery

I hear and I forget. I see and I remember. I do and I understand.

The secret of life is that there is no secret of life.

To avoid hitting the bumper of the car in front, I struck the pedestrian.

Beware what you set your heart upon, for it surely shall be yours. ~Ralph Waldo Emerson

A billion here, a billion there - pretty soon it adds up to real money.

Do not judge other people, just snicker at them.

When the outlook is poor, try the uplook.

Make one person happy each day, even if it's yourself.

How many programmers to screw in a light bulb? None, it's a hardware problem!

When strangers start acting like neighbors, communities are reinvigorated. - R.Nader

Happiness is made to be shared.

If you stop to be kind, you must swerve often from your path. - Mary Webb

Flatter is healthy, if you don't inhale. A.Stevenson

The chief enemy of good is better.

Luck is a matter of preparation meeting opportunity.

Live in peace in a time of stress.

On a clear disk you can seek forever

What I learned I don't remember. What little I know I have guessed. N.Chamford

Never get in a battle of wits without ammunition.

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A little smile adds a great deal to your face value.

Those needing proof refuse to see it. ~Walter Bartoo

Never let a fool kiss you, never let a kiss fool you.

Secrecy is the enemy of efficiency, but don't let anyone know it.

Always do right. This will gratify some people and astonish the rest. ~Mark Twain

Things may come to those who wait, but only the things left over by those who hustle.

Children are likely to live up to what you believe of them.

My religion is very simple. My religion is kindness. - The Dalai Lama

Success is a journey, not a destination.

Man will endure a lot of pain to obtain a little pleasure

A good rule for going through life is to keep the heart a little softer than the head.

You don't know where your shadow will fall.

Anything with teeth sooner or later bites.

Successful people never have to go to the bathroom.

Where there is an open mind there will always be a frontier.

To fail to do good is as bad as doing harm. ~Plutarch

I can't be overdrawn, I still have some checks left.

May you live all the days of your life. ~Jonathan Swift

There is a sucker born every minute.

It isn't what happens, it's how you deal with it.

Do you love life? Then don't waste your time, 'cause that's what life is made of

It is better to give and receive. - Bernard Gunther

Wake up - the time is Now!

Nothing is impossible for the man who will not listen to reason.

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Dividing 100% responsibility between two people gives 10% for each of them.

There is nothing wrong with you that some prozak and a polo mallet wouldn't handle.

Siberia is a winter wonderland

Most of today's worries are like puddles: tomorrow they will have evaporated.

Life is the art of drawing without an eraser.

If you love someone you must be strong enough to allow them to be.

The only thing worse than not getting what you want is getting what you want.

The person who makes no mistakes usually does not make anything.

Kites rise highest against the wind, not with it. ~Churchill

You won't even get started if you wait for all the conditions to be "just right."

Imagination is more important than knowledge. ~A.Einstein

People who like others are people others like.

If hard work is the greatest thing on earth, I'll try Mars.

Oh, you actors on the stage of life, playing the parts of that which you are not. - The Bible

It is far better to get nowhere fast than to get nowhere slowly.

A civilization is as great as its dreams, and its dreams are dreamt by artists

When you love others you aren't nervous. ~Mary Martin

All things are difficult before they are easy.

Words should be weighed - not counted.

If my mind can conceive it, and my heart can believe it, I know I can achieve it.

There is so much apathy in the world today .. but who cares?

A different world cannot be built by indifferent people.

We must constantly build dikes of courage to hold back the flood of fear.

Start every day with a smile and get it over with. ~W.C.Fields

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One hologram is worth 1,000,000,000 words.

How to levitate: throw yourself to the floor and miss it.

Every time I kiss you I'm still not certain that you really love me. ~Elvis

DARE to get the CIA off drugs.

Make no judgments where you have no compassion.

It's not a matter of growing old, it's getting old if you don't grow.

You can't make a fact out of an opinion by raising your voice.

It is in the shelter of each other that the people live. - Irish proverb

Patience is the ability to put up with people you'd like to put down.

When you've boxed yourself in, there is no sunshine.

If it weren't for Edison we'd be watching TV by candlelight.

Work is love made visible.

Go often to the house of a friend, for weeds choke the unused path.

He who has no fire in himself cannot warm others.

The threshold of insult is in direct relation to intelligence.

The best gifts are tied with heart strings.

Each small task of everyday life is part of the total harmony of the universe.

Ideas, and not battles mark the forward progress of mankind.

There are 3 kinds of men who don't understand women: young, old, & middleaged.

The race is not always to the swift but to those who keep on running

The supreme test of a person is his ability to make things go right

Duty is a matter of the mind. Commitment is a matter of the heart.

Wherever there is a human being there is an opportunity for kindness. - Seneca

At the touch of love, everyone becomes a poet. ~Plato

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An invisible car came out of nowhere, struck my vehicle, and vanished.

It's deja vu all over again

A well-used door needs no oil in its hinges

Averages: head in the oven, feet in the freezer, on average I'm comfortable

You can drag a horse to water, but you can't make it drink.

Do not speak more clearly than you think.

Be yourself....you're better at it.

The map is not the territory. ~Alfred Korzybski

Let the beauty we love be what we do. - Rumi

You can save yourself a lot of trouble by not borrowing any.

Bravery is not a lack of fear. It's proceeding in spite of it.

He who laughs first laughs last .. if nobody laughs in the middle.

Success depends on your backbone, not your wishbone.

Lift where you stand.

Minds at rest rust.

As long as you have a window, life is exciting.

Keep your fears to yourself, but share your courage with others.

There is no problem a good miracle can't solve

If you talk about someone behind their back, their back will be right behind you

The telephone pole was approaching fast

To love something is to give it room enough to grow.

A warm smile is the universal language of kindness.

Love sought is good, but given unsought is better. ~Shakespeare

You are totally unique, just like everyone else.

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The reason we have time is so everything doesn't happen at once.

The Empires of the future are the Empires of the mind - Winston Churchill

Never clarify tomorrow what you can obscure today.

If it ain't broke don't fix it.

The arm of the moral universe is long, but it bends towards justice. ~M.L.King

There is no greater curse than total idleness

If you need a helping hand, the best place to look is at the end of your sleeve.

The universe rearranges itself to accommodate your picture of reality.

You cannot build a reputation on the things you are going to do.

All the happiness you ever find lies in you

You don't grow rich by a big income, but by small expenses.

Never kid a kidder.

If man cannot face what he is, then man cannot be free

Touch the hole in your life, and there flowers will bloom. ~Zen saying

Life can only be understood backwards, but it must be lived forwards. ~Kierkegaard

Habit is like a soft bed, easy to get into but hard to get out of.

An investment is anything that costs more than you can possibly afford.

My car was legally parked as it backed into the other vehicle

An sane person has difficulty in insane surroundings

The designer of the path is the guy standing at the end of it. - Amos Jessup

People who do things that count, never stop to count them.

Life consists of little short moments.

May I never miss a rainbow or a sunset because I am looking down.

Good taste is the enemy of creativity. Picasso.

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Kindness is the noblest weapon to conquer with.

Failure is the opportunity to begin again more intelligently.

To be what we are, and to become what we are capable of is the only end in life.

Practice is the best of all instructors

Love is what dreams are made of.

I don't care about money, I just want to be wonderful. M.Monroe.

If you refuse to accept anything but the best, you very often get it.

The older I get, the better I used to be.

The difference between ordinary and extraordinary is that little extra.

Love arrives on tiptoe and bangs the door when it leaves. ~Robert Lembke

There's always room for improvement; It's the biggest room in the house.

Statistics are no substitute for judgment. ~Henry Clay

One way to stop people from jumping down your throat is to keep your mouth shut.

You want it bad, you'll get it bad.

You never know what is enough unless you know what is more than enough. ~Wm.Blake

When the smoke alarm goes off, dinner is served.

You never know until you find out.

The one thing worse than a quitter is the one who is afraid to begin.

Coincidence is God's way of remaining anonymous. ~Albert Einstein

You create your own reality.

Do what you can, with what you have, where you are. ~Theodore Roosevelt

If all things you eschew, they are glue.

War is good business.

Happiness is a conscious choice, not an automatic response. ~Mildred Barthel

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The price of liberty is eternal vigilance -- U.S.A.F.

The man who rows the boat seldom has time to rock it. ~Bill Copeland

When I was younger I could remember anything, whether it had happened or not. ~Mark Twain

Friends multiply joy and divide sorrow.

If you're happy and you know it, clank your chains!

A man who makes a mistake and doesn't correct it, is making another. Konfutse

The tedium here is relieved only by the boredom.

If you have to be liked, you are spiked.

Love doesn't make the world go round. Love is what makes the ride worthwhile.

Aim at the sun. You may not reach it, but you will fly higher than if you never aimed.

He who laughs last .. thinks slowest.

Here's to looking at you, kid!

A leading authority is anyone who has guessed right more than once.

If you don't have a datum, create it.

If you need four screws for a job, the first three will be easy to find.

Some people give and forgive; Others get and forget.

When you find a sacred cow, milk it for all it is worth.

Without wind, grass does not move. Without Software, Hardware is useless.

There is nothing in this world constant but inconstancy

On the day when we can fully trust each other, there will be peace on Earth.

Life is a riddle. The solution is written on the backside.

How long you live has nothing to do with how long you are going to be dead.

The first prerequisite of an advanced being is a sense of humor. - Richard Bach

The hours that make us happy make us wise. ~John Masefield

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Don't be fooled by appearances, but be a master of illusion.

Do everything with a mind that lets go. Do not expect praise or reward. - Achaan Chah

Refrigerators are frigid.

Children need love, especially when they don't deserve it.

If your vision is all blurry, you've got another worry.

We forfeit three fourths of ourselves in order to be like other people. ~Schopenhauer

One morning I shot an elephant in my pajamas. How it got into it, I don't know.

When we are back from backing up the backups the system will be back up.

Too much ain't enough.

Destiny is not a matter of chance. It's a matter of choice.

Time flies, but remember: you are the navigator.

Never talk to strange men

A hen is only an egg's way of making another egg.

A laugh is just like sunshine. It freshens all the day.

Without order, nothing can grow or expand.

Add little to little and there will be a big pile

Some people think they are generous because they give away free advice.

The future isn't what it used to be - Arthur C. Clarke

When spring is dancing among the hills, one should not stay in a little dark corner.

The grass is greener on the other side, but it is just as hard to mow.

A myth is an effeminate moth.

Wealth is not what we have, but what we are.

"A stand can be made against invasion by an army; no stand can be made

The subconscious mind is a mental fireless cooker where ideas simmer & develop

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Obviously crime pays, or there'd be no crime. ~G.Gordon Liddy

If you are a hammer everything looks like a nail.

To handle yourself, use your head. To handle others, use your heart.

Liberty is always unfinished business.

A day of worry is more exhausting than a week of work.

The floor moves further away when you bend over.

The true art of memory is the art of attention.

You must believe to achieve.

What do women want, my God what do they want? ~Sigmund Freud

To gain a good reputation, endeavor to be what you desire to appear. -Socrates

I thought my window was down, but found it was up when I put my hand through it

He who cannot forgive others breaks the bridge over which he must himself pass.

Everything the government gives out it has taken from someone else.

Success is simply a matter of luck. Ask any failure.

We make a living by what we get. We make a life by what we give.

Imagination is real.

The enemy's cold heart summons the arrow to it. ~Zen saying

You can't act like a skunk without someone getting wind of it.

The best way to pay for a lovely moment is to enjoy it. ~Richard Bach

The best things in life are messy.

A great pleasure in life is doing what people say you cannot do.

Any information is valuable to the degree that you can use it

I don't know. I'm making it up as I go along.

The happiness of your life depends on the quality of your thoughts.

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Matter cannot be created or destroyed, nor can it be returned without a receipt.

What the heart knows today the head will understand tomorrow. ~James Stephens

God gave me this illness to remind me that I'm not #1; he is. ~Muhammed Ali

Too many folks go through life running from something that isn't after them.

A fault recognized is half corrected.

The most important thing in communication is to hear what isn't being said.

It takes both the sun and the rain to make a beautiful rainbow.

1 hour is the time it takes to move 1 liter of boiling water 1 kilometer

Soft is the heart of a child; do not harden it.

Principles become modified in practice by facts.

Do not follow where the path leads. Rather go where there is no path and leave a trail.

A word is a word, and a man is a floor rag.

Think all you speak, but speak not all you think.

Money is a good servant, but a bad master.

A man of peace does more good than a very learned man. ~Thomas a'Kempis

A candle loses nothing of its light by lighting another candle. ~Kelly

In my garden love grows.

Beware of all enterprises that require new clothes. ~Thoreau

Life is there for the taking .. or the refusing.

We gotta keep up with the Joneses

Act as if you'll live forever. Plan as if you would die tomorrow.

The other car collided with mine without giving warning of its intention

Life is a do-it-yourself project.

If there's something I can't stand, it's a person who talks while I'm interrupting.

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When God created Man she was only kidding.

Keep on sowing your seed, for you never know which will grow - perhaps it all will.

People are basically good.

Be a living expression of God's kindness. - Mother Theresa

Failure is not defeat until you stop trying.

Gentle words work better than hard ones.

The only reason some people listen to reason is to gain time for rebuttal.

186,000 miles per second isn't just a good idea - it's the law!

Your dreams come true when you act to turn them into realities.

If anything can't go wrong, it will.

Children have more need of models than of critics.

The world owes you nothing -- it was here first.

When in doubt, communicate!

Any attempt to adjust the air conditioner will make it worse.

Only Robinson Crusoe had everything done by Friday.

My conscience doesn't keep me from doing things. It does keep me from enjoying them.

Practice random kindness and senseless acts of beauty.

Refusing to ask for help when you need it is refusing someone the chance to be helpful.

Man prefers to believe what he prefers to be true. ~Bacon

Workaholics Unanimous Myth #5: There is only one best way

A person who aims at nothing has a target he can't miss.

People with dogs are cowards who don't dare bite people themselves.

In the race for quality, there is no finish line. ~David T. Kearns

The fire of adversity will melt you like butter, or temper you like steel. The choice is yours.

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Science is organized knowledge. Wisdom is organized life. ~Immanuel Kant

The journey is more important than the destination.

Old too soon, smart too late.

Let's live in a way so that even the undertaker gets sad when we die. Mark Twain

To dream of the person you would like to be is to waste the person you are.

Winners expect to win in advance. Life is a self-fulfilling prophecy.

If you work on a nonexistent problem there are much fewer obstacles to overcome.

A true friend is someone who is there for you when he'd rather be anywhere else.

Any fool can criticize, condemn and complain - and most do. ~Dale Carnegie

Welcome to the next level!

Traffic increases to fill the road space available.

If nobody minds, it doesn't matter.

To enjoy life we must touch much of it lightly. ~Voltaire

There must be more to life than having everything! - Maurice Sendak

A person's life is dyed with the color of his imagination. ~Marcus Aurelius

The longer the patient lives, the greater his chances of recovery.

Blessed is he who has nothing to say and cannot be persuaded to say it.

Everywhere is walking distance if you have the time. ~Steven Wright

We are all just crash dummies on the information highway -- Steve Worona

Take a little time to do whatever makes a happy you.

Some things have to be believed to be seen. ~Ralph Hodgson

The true vocation of man is to find his way to himself. ~Hesse

Life is hard by the yard, but by the inch, life's a cinch.

Trust everybody, but cut the cards yourself. ~W.C.Fields

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A man wrapped up in himself makes a very small bundle.

Probably the most neglected friend you have is you

Be careful how you live; you may be the only Bible some people ever read.

You cannot push anyone up the ladder, unless he is willing to climb himself.

And on the Eighth day God said the world was funny, and She created Laughter.

When you speak badly about others, you are telling who you are yourself.

Do every act of your life as if it were your last. - Marcus Aurelius

Believe that you have it, and you have it.

Make your life an act of love.

Make it as simple as possible but no simpler. ~Albert Einstein

Good enough isn't.

If the world seems cold to you, kindle fires to warm it.

against invasion by an idea." --Victor Hugo, *_Histoire d'un Crime_*

Peace is not a season, it is a way of life.

The world is more alive at night; it's like God isn't looking. ~Elvis Presley

Be true to your own goals

Sit at the feet of the masters long enough, and they'll start to smell.

Improvement begins with "I".

The mind forgets, but the heart always remembers.

A happy memory is a joy forever.

Good cooking takes time. If you are made to wait, it is to serve you better.

Happiness is not always measured in smiles.

Cashews are nuts.

Any problem, to be a problem, must contain a lie

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Sometimes you already have what you pray for.

Never withdraw allegiance once granted.

"Easy to use" is easy to say.

Never close your lips to those to whom you have opened your heart. ~C.Dickens

The shortest answer is doing.

You cannot sit on the road to success for if you do, you will get run over.

Time is nature's way of preventing everything from happening at once.

Believe you can, believe you can't - either way, you're right.

What you resist you become. ~Taoist saying

What is true for you is what you have observed yourself

Taking a moment to take it easy is being a friend to yourself.

The darkest hour is only 60 minutes long.

The rain in Spain falls mainly on the plain

Disappointment requires adequate planning. ~R.Bandler

It is far better that we should err in action than completely refuse to perform.

If you can explain it, you aren't experiencing it.

Give me the luxuries of life and I will willingly do without the necessities.

We do not remember days, we remember moments. - Casare Pavese

Happiness is the overcoming of not unknown obstacles toward a known goal

Change starts when someone sees the next step. ~William Drayton

Everything is true.

You are never fully dressed until you wear a smile.

Anything which is not directly observed tends to persist

The control center of your life is your attitude.

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Take care of the minutes, and the hours and years will take care of themselves.

To love and be loved is to feel the sun from both sides. ~David Viscott

Any idea that was not put in by reason cannot be taken out by reason.

Never regret yesterday. Life is in you today, and you make your tomorrow.

We can get better ideas in 2 hrs of 'creative loafing' than in 8 hrs at work

Luck is what happens when preparation and opportunity meet.

Never give a sucker an even break. ~W.C.Fields

There is never any need to worry. We have enough shovels to bury everybody.

I can alter my life by altering the attitude of my mind.

Only fools can be certain; it takes wisdom to be confused.

They -- whoever they may be -- can do whatever they want.

Speech is hard, but who can keep quiet?

Some people give their worries swimming lessons in stead of drowning them.

All answers are basically simple

Keep your feet close to the ground.

Love yourself, love the Earth, respect life.

I do not feel any age yet. There is no age to the spirit.

On a clear day you can see forever.

The tower in Pisa is straight - the rest of the world is crooked.

Every hard-boiled egg is yellow inside.

No problem can withstand the assault of sustained thinking.

The end is only the beginning...

Fear knocked on the door, Faith opened it, and there was no one there!

Example is not the main thing in influencing others. It is the only thing. ~Schweitzer

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Chance favors the prepared mind.

The biggest mistake you can make is to always be afraid of making one.

Thou shalt not practice mirth control.

Every time you lend money to a friend you damage his memory.

Go ahead, rock the boat. The only people who care are the ones who can't swim.

People are lonely because they build walls instead of bridges.

We can only appreciate the miracle of a sunrise if we have waited in darkness.

Do I have the party to whom I am speaking?

Make your life an act of love.

A pessimist is a person who mourns the future.

Double negatives are a no-no

Life is a game. A game consists of freedom, barriers and purposes.

Although fate presents the circumstances, how you react depends on your character.

Spring appears and we are once more children.

Just remember, when you're over the hill, you begin to pick up speed.

If the fit wears, shoo it.

Open the Pod bay doors Hal...

One doesn't get chances -- one takes chances.

If at first you do succeed -- try to hide your astonishment.

It takes a long time to grow an old friend.

Experience praises the most happy the one who made the most people happy.

Cheerfulness is the atmosphere under which all things thrive. ~Jean Paul Richter

Time is like the ocean, always there, always different. ~Ogden Nash

Have you hugged someone today?

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All machines have an innate sense of irresponsibility.

Giving makes living more loving.

Goodwill is earned by many acts; it can be lost by one. ~Duncan Stuart

Where is the knowledge we have lost in information? -- T.S. Eliot

None love the bearer of bad news

Do what you can with what you have where you are. ~Teddy Roosevelt

Well the trouble with being a good sport is that you have to lose to prove it.

The meaning of a communication is the result you get. ~R.Bandler

Friendship is the only cement that can hold the world together.

Guillotine operators get severance pay.

If your ship doesn't come in, swim out to it!

Deal with the faults of others as gently as with your own.

Difficult things take long time, impossible things a little longer.

When you get to the end of your rope, tie a knot and hang on.

The sixth sheik's sheep's sick.

Almost anything is easier to get into than out of.

Give light, and the darkness will disappear of itself. - Erasmus

Wherever you go, there you are. ~Buckaroo Banzai

There are no failures -- only feedback. ~R.Bandler

If we weren't all a little crazy, we'd go nuts.

There is no liar lying like an angry man

If a person lacks problems he will invent them

There is a 50 percent chance of anything -- either it happens or it doesn't.

Of all the gin joints in all the towns of the world she walks into mine

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Look at me, I worked myself up from nothing to a state of extreme poverty. ~Groucho Marx

Life is a mystery to be lived, not a problem to be solved.

The first step of handling anything is gaining an ability to face it

Communication is the universal solvent.

Always try to be a little kinder than is necessary. - Sir James Barrie

I've had a lot of worries in my life, most of which have never happened. ~MarkTwain

Happiness is like jam. You can't spread even a little without getting some on yourself.

A yawn is a silent shout. ~G.K.Chesterton

You say you love me? Well, that and a nickel might buy me a cigar.

For every problem there is an opportunity.

You can't steal second base and keep your foot on first.

Do you think the person next to you knows everything you don't know?

Here's a dollar, go buy yourself a clean shirt.

If you must worry - worry BIG!

It's not the load that breaks you down, it's the way you carry it.

When machines go wrong they remind you of how powerful they are

Obstacles are what you see when you take your eyes off your goals.

Lincoln is alive and living in Disneyland.

Man thrives only in the presence of a challenging environment

Everything starts as somebody's daydream ~Larry Niven

If I knew that tomorrow the world would go to pieces, I would still plant an apple tree.

It is better to wear out than rust out.

Keep cool, but do not freeze.

If it succeeds, it is right; if it fails, it is wrong.

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What we do not understand we do not possess

Sometimes the fool who rushes in gets the job done. ~Al Bernstein

Before borrowing money from a friend, first decide which you need more.

If you want to last, just move fast.

People are more likely to believe a quote if it is anonymous. ~Anonymous

Reach out and bite someone

Challenges make you discover things about yourself that you never really knew.

Being alive is loving being alive.

You can't solve a problem with the same kind of thinking that created it. ~A.Einstein

Sadness is but a wall between two gardens. ~Kahlil Gibran

Believing is a find thing, but placing those beliefs into execution is a test of strength.

No matter what your lot in life may be, build something on it.

The purpose of organizations is to stop things from happening.

The person who has all the answers understands none of the problems.

Live, Love, Laugh, and be happy.

Great spirits often encounter violent opposition from mediocre minds. ~Einstein

Consistency isn't a necessary aspect of life. The universe is unfinished, you know.

We should be patient with everyone, but above all with ourselves.

All men/women have ten faults. Pick ten faults you can live with.

The dictionary is the only place where success comes before work.

You always find something in the last place you look for it.

A difference to be a difference must make a difference.

If we do not succeed, then we face the risk of failure. -- Dan Quayle

Confusion is contagious

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Life is the only thing worth living for

If it weren't for lawyers, we wouldn't need them.

You have achieved success if you have lived well, laughed often and loved much.

A man can't ride your back unless it's bent. ~M.L.King

Years wrinkle the skin, but lack of enthusiasm wrinkles the soul. ~N.V.Peale

Neither sound nor thoughts can travel through a vacuum

A swift flowing-stream does not grow stagnant

Refuse Novacaine... Transcend Dental Medication

Try not to become a person of success, but rather a person of value. ~Albert Einstein

There is no thrill quite like doing something you didn't know you could.

All the wonders you seek are within yourself. ~Sir Thomas Brown

Computers are stupid -- they do exactly what you tell them to do.

The heart must have its time of snow .. to rest in silence, and then to grow.

The answer to the question: "What is the meaning of life and the universe?" is: 42.

A mistake proves that at least someone stopped talking long enough to do something.

Kind words can be short and easy to speak but their echoes are truly endless. - M.Theresa

Everybody wants sympathy, but nobody wants anybody feeling sorry for them.

Mondays are the potholes in the road of life. ~Tom Wilson

If you are willing to admit when you are wrong, you are right.

Visualize the type of person you want to be. Then act as if you already ARE that person.

An apology is a good way to have the last word.

Fatherhood is pretending the present you love most is soap-on-a-rope ~B.Cosby

Belief is not the beginning of knowledge -- it is the end. ~Goethe

Never desert a comrade in need, in danger, or in trouble.

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I want to live forever, or die in the attempt.

Well done is better than well said.

Anything adjustable will sooner or later need adjustment.

Somewhere, something incredible is waiting to be known.

Let there be spaces in your togetherness.

This is your slum - keep it clean.

The way to learn is to begin.

The time-travel convention will be held two weeks ago.

It's difficult to work in a group when you're omnipotent. -- Q ~from Star Trek

Why not go out on the limb? That's where all the fruit is.

To give you must be willing to receive. To receive you must be willing to give.

We are all ignorant about different things. ~Will Rogers

Things turn out best for the people who make the best of the way things turn out.

The price of greatness is responsibility.

Time is nature's way of keeping everything from happening at once.

What lies behind us and what lies before us are tiny matters compared to what lies within.

God is not playing dice with the universe. ~Albert Einstein

Solution to software problems: wait and while and they might just disappear

In order to finish first, you must first finish.

When your work speaks for itself, don't interrupt.

The more I encourage a child to think for himself, the more he will care what I think.

Positive Quotes/Thoughts

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Every time I feel discouraged I close my eyes and visualize the future I want. Then I really open my eyes and start to build it. #positivity

Today I am going to give in to the temptation to succeed. #positivity

Every day I set aside ten minutes to imagine what the future could be, and the rest of the day making it happen. #positivity

It's not who you are that holds you back, it's who you think you're not. #positivity

The moment I decide where I want to go, the world will make room for me. #positivity

No outcome, no result, is really an accident. It is the product of the effort you put into the process. #positivity

If you hang around with losers, you become just like them. Take a look around you, are these the sort of people you want to be like? #positivity

Expecting too much too soon is always going to disappoint. Celebrate your daily progress towards the goal, not just the goal. #positivity

There comes a time in everyone's life when they just know that they have to change. Why wait for it? #positivity

My world is full of opportunities. Today I am going to look for two I never noticed until now. #positivity

Today I will do one more small thing towards getting my new ---. #positivity

Life is like an exam I am determined to pass. #positivity

When I look carefully, I find that everything I want and need is actually there already, waiting for me to recognize its potential. #positivity

Before you can get what you want, you have to decide what it is you want. #positivity

Find a way to remind yourself daily of the value of the things you want and getting there will seem effortless. #positivity

You are making progress if each mistake is a new one. #positivity

There are a lot of steps between where I am and where I want to be. The real task is - How can I make each step fun? #positivity

Every successful person asked for help on the way. People like being helpful. #positivity

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I know what I want and I am determined to get it. #positivity

Today I will refuse to spend any time worrying about what might happen, and spend that time on what I want to have happen. #positivity

If I want to achieve it I have to be willing to keep at it. #positivity

The need for achievement is instinctive. The ability to get what you want is already there, waiting to be let loose. #positivity

With perseverance I can do anything. #positivity

I know what I need to do, and today I am starting to do it. #positivity

All I have to do is take five minutes and focus my energies on the things I want to achieve, and I feel refreshed and ready to start again. #positivity

People spend more time thinking about what to eat tonight than they do about how they are going to get what they want from life. #positivity

Solid work, persistently applied, gets you surprisingly far surprisingly quickly. #positivity

It is better to lose in the Olympics than to win in Little League. #positivity

If I can conceive and believe, I can achieve. #positivity

To achieve your goal you first have to define one. #positivity

Every problem is just an opportunity waiting for someone. #positivity

Everyone runs their own business - and the product is you. #positivity

Because I didn't get a lot of encouragement in my childhood doesn't mean I have to be a failure now. #positivity

Every day I tell myself 'My thoughts and emotions are the only thing that are stopping me, so I am stopping them!' #positivity

There is a reason why they give the medals to the generals: it is because the world values leadership. #positivity

Happiness doesn't depend upon who I am or what I have, it depends on what I choose to think. #positivity

Doing what you love is where happiness lives. #positivity

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The happiest people in the world are those who do what they should be doing. #positivity

Look beneath the surface and there is good in everyone. Today I am going to have fun spotting the good in everyone I meet. #positivity

The highest reward of effort is not what you get from it, but what you become from it. #positivity

Happiness is not a goal - it is the by-product of working for a goal and getting there. #positivity

Happiness is a matter of getting what you need. So look at what you need: maybe you already have it? #positivity

Happiness is not the absence of problems: happiness is learning to enjoy the problems. #positivity

Happiness consists of finding your unique talent and then using it to the max. #positivity

Looking for happiness and not finding it, is just the world telling you that you have lost touch with your own inner resources. #positivity

Have you done anything lately that's worth remembering? #positivity

The way to unhappiness is to always want more than you will ever get. #positivity

Life isn't about finding yourself, it's about creating yourself. #positivity

True happiness comes from within, it doesn't depend on what happens. #positivity

It needs rain as well as sunshine to grow a healthy garden. I let the rain encourage me in my garden. #positivity

Impossible is a just another word for lack of encouragement. #positivity

It is hard knowing that you failed, but worse knowing that you never tried. #positivity

Every day is a new day. Every day gives me fresh courage, because today is the only day that matters. #positivity

There is no failure, only feedback. I encourage myself with that knowledge. #positivity

In every tough situation, I encourage myself by thinking that in twenty years time I will look back on this and laugh. #positivity

Even as the rose fades, a seed is forming. It is God's way of encouraging change. #positivity

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Every problem is an encouraging opportunity for somebody. #positivity

There is no progress without effort, and no satisfaction without demonstrating courage.
#positivity

If you are going through hell - Keep going! #positivity

It is not the strongest tree that survives the storm but the one that has the courage to bend.
#positivity

The diamond sparkles only after much friction has been applied. #positivity

Painful and unfair things happen to everyone. Losers brood on it. Winners use it to learn and grow. #positivity

It not where you have come from, it's where you're at that matters. #positivity

I know you don't always get great oaks from every acorn, but I keep planting them anyway.
#positivity

A winner never quits. A quitter never wins. #positivity

When I feel frustrated, it's OK because it's just a reminder that my standards are higher than other people's. #positivity

Starting is the hard bit, after that everything is easy. #positivity

Every time I feel I feel lost, I ask myself - What do I most need to do right now to take one more step towards my goal? #positivity

The only thing I expect today is another opportunity to live the best life I can. #positivity

Achieving 60% of the impossible is sixty times better than 100% of the ordinary. #positivity

The moment you realize that you have an awful lot to learn, is when you know you are on the right path. #positivity

At the end of each day, take five minutes and reflect on what worked, and what didn't, and what needs changing. #positivity

Every mistake I make is progress #positivity

Every time I make a mistake, I'm one step closer to my goal. #positivity

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Stick to your guns - people will remember your principles long after they have forgotten the disagreement. #positivity

If your doctor told you were free from all disease, would that mean you felt healthy? Start doing something today about true health. #positivity

The real me, the one who lives in my heart, is strong and clean and is busy radiating out the healing power I need like sunshine on my face. #positivity

The way to stop feeling tired all the time is to exercise more. #positivity

People who drink are self medicating, better to deal with the cause than attack the symptom. #positivity

You don't deserve to have something if you can't look after it. Start looking after your health properly. #positivity

The secret to health is to live in the present. The past is gone, and future problems will generate future solutions. #positivity

The main reason people have stress and bad health is they stop themselves from doing what comes naturally. #positivity

As long as you have got your health, everything is possible. #positivity

Healthy habits give me more energy. #positivity

Investing time in exercise is the way to get an impoverished body going again. #positivity

Today I am going to find three ways to secretly exercise and quietly use them. #positivity

Every day I find a way to put 20 minutes of walking into my day. #positivity

I trust my body's own wisdom to show me the way to perfect health. #positivity

My body is a reflection of how I feel about myself. The way to a healthy body is via a healthy mind. #positivity

What my body is showing on the outside is what I believe about myself on the inside. Health begins from the inside. #positivity

We were all born with three things: a mind, a body, and a lifetime. How you use the first two determines the third. #positivity

The fastest way to change the way you feel is to change the way you eat. #positivity

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The only way of finding your limits is by trying to go beyond them. Try doing the impossible today. #positivity

There is no end, there is no beginning. There is only the boundless promise and inspiration of each new day. #positivity

My life has been placed in my hands. I will let that thought inspire me to do something special today. #positivity

When the student is ready, the teacher appears - You might find your inspiring teacher in the most unusual place. #positivity

Archimedes said, 'Give me a balancing point, and I can move the world'. Well, that balancing point is here, right now, today. #positivity

It is only by risking going too far that I can discover how far I can go. #positivity

Paint a rainbow in your mind and let that inner inspiration take you far beyond what you thought possible. #positivity #positivity

All limits are self imposed. Even accepting that there are limits is a choice. #positivity #positivity

What would you do if you knew you could not fail? #positivity

The search for perfection will either make you or be your downfall. #positivity

Every day ask yourself - Am I making a simple thing complicated? #positivity

Open your ears, your mind and your heart. This is how you open your future. #positivity

Action stimulates thought, so when you can't think of any way to do it, start doing it anyway. #positivity

Your mind is bigger than you think, more powerful than you can imagine. #positivity

In the game of life, are you going to be a spectator or a player? #positivity

What lies behind, and what lies ahead, are insignificant compared to what lies within. #positivity

There is just one life that matters: my own. Today, and every day from now on I am going to live it the way I want it to be. #positivity

The past has no power over me. I choose to let it go and look only forward. #positivity

Sometimes all we need to move forward is to let go, to stop looking back. #positivity

Thinking about the unfairness of my past just makes me stronger. #positivity

Letting go of my past begins with changing my thinking. #positivity

Everything that I am now, is the result of my past ways of thinking, and I am way past that kind of thinking. #positivity

No matter how strong the past was, it is past, so I let it go. Only my future is real. #positivity

More Inspiring Thoughts

I am not my upbringing, I am leaving all that behind and making my own history.

When I let go the past, what I gain is a future.

Everyone is good at some things and fail at others: perfection is an illusion.

Look inside, find something to love about yourself, and everything in life will start to work for you.

The easiest way to get love is to express it in everything you do.

I don't see why I should ever settle for less than the best.

Each hour is another opening for love.

Nobody has to do anything to deserve love.

Every act of friendship is a reflection of love.

There are no boundaries on love.

The fabric of life is held together with threads of love.

If I want others to have a loving relationship with me, I first have to love and accept myself.

I love parties, they hold such infinite possibilities.

Fortune favors the brave. Today it's time to collect my fortune.

There are those who dream and wish and there are those who dream and work. I know which one I am.

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If you deliberately choose to give less than you are capable of, then you are planning to be unsatisfied for the rest of your life.

Be miserable. Or motivate yourself. It's always your choice, no one else can do it for you.

I don't need lessons, I don't need help, and I don't need permission. All I need is to start.

This is not a rehearsal. You only get one life. If you can't find the motivation to play your part then get off the stage.

It is not because things are difficult that we do not dare, it is because we do not dare that they are difficult.

The fault is not in the stars, but in ourselves. Shakespeare

I am a do-it-now kinda guy, so that's what I do.

Winning isn't important. Consistent positive improvement is what motivates people.

The impossible is often just the untried.

It's only too late if you don't start now.

Self motivation only works for a few weeks before disappointment creeps in. It is measuring steady progress that really motivates.

Close your eyes for a moment and remember how your creativity flowed as a child. And then just go and do it.

A goal is a dream with a deadline.

Never give up. Never ever give up. Never ever, ever, ever give up.

Churchill

I don't believe in luck. Depending on luck is for losers. I make it happen.

I do not need more power or more ability or more education. I already have more than enough. All I need is to control it and direct it.

I am not interested in who is going to let me. I ask 'And who is going to stop me?'

It's what you choose to let go of that determines what is worth keeping in your life.

Every time I see a traffic light, I remind myself that there is nothing stopping me, except my own willingness to stay stopped.

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Before I can achieve my goals I have to set them. It is only by deciding exactly what I want that I will get what I want.

If I have to be a player, then I am playing to win.

No one ever aspires to be average. Why would I settle for it?

In life, it's rarely about getting a chance; it's about taking that chance.

You will never feel 100% ready when an opportunity appears, but take it anyway.

It's quite simple: If you want something, go out and take it.

Winners don't believe in luck.

You have to DO things in order to GET things.

There is no such thing in anyone's life as an unimportant day.

In every situation, I take a moment to ask what is really important.

If someone else looked at me in the mirror, what would I want them to see?

If you wrote out your life in the form of a fairy story, how does it end?

If I was transformed into a bird, flying high above, and I looked down at this, how important would I think it was?

A rising tide floats all boats.

If I was my own parent, would I be happy to see me behaving this way?

It not that we cannot see the solution, it's more that we cannot see the problem.

No one ever lay on their death bed and said, 'I wish I had spent more time at the office'.

Without the perspective of winter we couldn't appreciate a sunny day.

You cannot state a belief about yourself without being aware of other perspectives.

If you were a piece of music, what would you choose to be? Now orchestrate your day round that.

In the end it will be okay. And if it's not okay, it's not the end.

If you could snap your fingers and change anything about yourself, what would you change?

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There are no pockets in a shroud.

Newspapers don't report on all the children who didn't get lost today, but it's worth thinking about what that means.

If you died tomorrow, would you count your life as a success?

I welcome life's setbacks. More people slip on a marble floor than on a mountain track.

Life is like a journey from possibility to opportunity.

We can get knowledge from others, wisdom comes from within.

Never laugh at anyone's dream. People who don't have dreams don't have much.

It takes maturity to realize the value of silence.

When all's said and done, will you have said more than you have done?

The earth is not given to us by our parents; it is lent to us by our children.

A life is not truly extinguished until all the lives that were touched by it have ended too.

You can see more from even the smallest hilltop than you can from the bottom of a well.

Every day I look for new ideas, because new ideas stretch my mind, and it never goes back to its original limit.

Today I am going to reflect back to everyone what I think they are saying, until I show them that I understand what they are really saying.

Our future is determined by our thoughts, and thoughts are easily changed.

If only you can give of your best today, you can do it for the rest of your life.

People overestimate the changes possible in a week, and underestimate the changes possible in a year.

The positive change you want in your life will not be finished today, but it can start today.

Think about how to make the watch work for you rather than worrying about how the watch works.

Listening is more than not talking.

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Today is a great day for investing. Today I am investing in myself, in my body, my mind, my spirit.

Today I will not try to change anybody but myself.

Being certain isn't the same as being right.

Success consists of learning from failure after failure without loss of enthusiasm.

I can learn something from everyone I meet.

The secret of getting ahead is getting started. I am starting to get ahead today.

If you wait till next month, after the holidays, when this or that is finished, you will never do it. Be Bold. Today.

I can get more done by using my time better.

If I take out a few frivolous time wasters, I can double my productive time.

I break down every task into parts so small that I would be embarrassed not to do them.

Do it now, do it now, do it now.

I beat procrastination by writing down what I have to do, and measure what I actually did.

When I look at a job, instead of procrastinating, I count up all the ways I can do it.

I enjoy doing it once I have started. So I'm starting right now. And that's how I end procrastination.

I plan my work, I work my plan, and I just don't have time for procrastination right now.

Procrastination ends when I break everything into a series of little stepping stones and picture myself skipping along them.

When I feel like procrastinating, I stop what I am doing, call someone and tell them I am starting right now.

When you are procrastinating, do the worst thing you have to do first. Everything else will seem easier after that.

To end procrastination I imagine I am looking at myself wasting time as usual. Then I ask: what would I do if I was employing that guy?

Just paying attention to what is important can take you a long way.

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Today I am going to phone someone I haven't spoken to for over a year, and renew a friendship.

You become like the people you choose to be among. Choose wisely.

I treat everyone I meet as a potential life-long friend.

Every day in every way I care less about what other people think.

The worst kind of lie, is the lie I tell myself. From now on I am going to tell them how I really feel inside.

We always assume the peacock feels as good inside as she looks, but maybe she needs a relationship as much as I do.

Those who deserve love the least need it the most.

Some people would rather be right than happy.

There is no change so small that it threatens no one. I will tread carefully as I change things.

The rose has to be pruned if it is to bloom anew.

If the relationship isn't working, then I guess it's me that's the one with the unrealistic expectations.

Every rose has its thorn. The trick is not holding on too tightly.

No one ever listened their way into trouble.

By learning to trust other people in relationships, I am learning to trust myself.

From this moment on, nobody walks over me anymore.

I am taking the power to say 'No'.

Although I may not have been loved and appreciated by my parents, the love and joy I find in my relationships puts it into perspective.

From now on I speak up and say what is on my mind, no matter what happens.

The key to relationships is simple - Do unto others as you would have them do unto you.

You might not get to choose who you meet, but you do get to choose who you choose to hold on to.

You get the behaviors you reward.

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I start each conversation with a compliment.

Today I am going to take the time to have a real conversation with someone close to me.

I pick my battles carefully, and then only when they are worth winning.

It's the squeaky wheel that gets the oil, so don't keep quiet when people rub you up the wrong way.

Sometimes you just have to let it go.

Maybe she acts that way because that's the only way she knows to get what she wants?

I will never achieve intimacy as long as I am a stranger to myself. I must consider my own needs first.

I am ready to accept my own sexuality without conditions, I am ready to ask for what I want.

Every time I see a stop light, it's not the light that's stopping me, it's me choosing to obey it that keeps me where I am.

Today I am going to make sure I take at least one decision that could lead to a change in your life.

In relationships, being sure and being right are two different things.

We value what we understand. Start understanding what you value.

When you become dependent on the good in others, you find the good in others.

When you've already won their heart, you don't need to win every argument.

Marriage is a road with only one milestone.

The way to happy relationships is to always judge the trees by their fruits.

What is it that you are holding on to that you need to let go of?

Trying to be perfect is a waste of energy.

The problems we have with others are typically more about us.

So what's stopping from saying 'yes'?

Moving is the best medicine.

Relationships are like playing an instrument... It's more fun when you improvise.

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Look at your friends to see yourself.

If I don't connect with someone new every day I go through my address book and contact someone I haven't spoken to for too long.

Love exists so we can learn to think outside the obvious.

The great danger for most of us is not that our aim is too high and we miss it, but that we aim too low and we reach it.

Today is not a day to be average. Set your sales outcome target higher.

Every customer is another chance for me to polish my sales and service skills.

Somebody has to be No.1 in sales. Why not me?

When your sales results are less than your potential, then you know you are not asking the right questions of yourself.

Luck in sales is where preparation meets opportunity.

Discipline is what turns my goals into sales: sales success depends on planning, performing, persisting, and progressing.

You've got win in your mind first - then you can become a real winner in Sales.

Every day I find a few wasted minutes to make three quick calls to new sales prospects.

I have to go fishing where the fish are to net sales.

I make sure every sale lays the foundation for the next sale.

I am determined to be the best, in sales and in everything else.

I need to open more doors to close more sales.

I love prospecting, and the more I do the more sales I get, and I love getting sales.

When I get my second million it will be easier.

I always ask for a referral before leaving.

Success is 80% psychology and 20% strategy.

I always give people more than they expect and I do it cheerfully.

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At end of each day, ask yourself - Who do I need to thank? to share with? to update? and send an email before you go home.

All the training in the world is worthless without action.

Keep it simple: too much choice loses sales.

Good salesmen make a sale, Great salesmen make a customer for life.

The number of sales closed varies inversely with the time spent in the office.

The rewards in life go to those who follow through.

It is said the body speaks your mind. What does your appearance say about you?

I am really quite remarkable once I start believing in myself.

Circumstances do not make us who we are, they only let us find out for ourselves who we really are.

I welcome my weaknesses. Strength grows out of weakness.

I am a loving, special, talented human being, and nothing can change that.

Today I choose to live unconditionally.

Self respect is doing the right thing even when no one is around to notice.

It's not our abilities or talents or upbringing that determines what we are, it's what we choose to do with them.

Repeating the affirmation leads to belief. Believing that there is a way out creates the way out.

Nothing can stop me from being the best.

I deserve to be happy and successful.

I believe I have something to contribute to the world.

I know what I need to do, and I have the will to do it.

The quickest way to glory is to pretend the confidence to be what you wish to be thought to be.

If you need confidence, just fake it till you make. Only you will know the difference.

Feelings of confidence start with feeling good: feeling good about yourself is what makes you confident, not your outcomes.

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Noticing my little daily successes shows my confidence is growing.

I accept whatever life brings. I am confident in my strength.

Everyone I meet has a smile for me. So I smile first to boost their confidence.

Changing your life is like buying a Ferrari. You have to learn to handle all that power before you become a confident driver.

Worrying about things going wrong only increases the chances that they will go wrong.

Confidence is not a thing. It is not something you can get. Confidence is the absence of anxiety.

The way to get confidence is to focus on a few affirmations and use them consistently.

I have the confidence to let things sort themselves out.

I don't lack self confidence. I lack the experience of winning, and I'm out to get that today.

It's not what life brings to me, it's the attitude I bring to life.

Every time I hear myself say "I can't do it!" I change it to "How can I do it?".

As long as I am true to myself, I know the whole world is on my side.

When I fail in something, all it means is that I need a better plan than the one I am using.

Real confidence is knowing you can figure out how to use what you already have in order to go beyond what other people think you can do.

When things get rough, I remind myself about the 10% in reserve that I haven't used yet.

You don't have to be ill to get better.

Humility and confidence make a great combination.

Words are just vibrations in the air. They only last a moment so let them fade.

The opposite of courage is not cowardice, it is conformity. Be what you want to be.

I think of my life like paper rolling out of a printer. Today I am going to write some powerful sentences.

Today is another chance to empower myself by doing something I have never tried.

I recognize and accept my talents, skills, abilities and faults. They are all equally powerful in their own way.

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Every human being has four things in varying measures: confidence, love, independence, imagination. These give me my power to choose.

All the breaks I need in life are waiting there right now inside my imagination. And I have power to make them real.

I can because I think I can.

I live in the 21st Century. I intend to take advantage of everything it has to offer me to get ahead.

There is no such thing as bad weather, only the wrong clothes. I have the power to change.

I don't need permission. That is my secret power.

Blaming someone else is just the same as giving away my power to fix it.

It doesn't matter how long we have had a problem, fixing it once is all it takes.

If I don't like how things are, I empower myself to change them!

Every difficult task is a chance to learn about my own power.

Adversity just makes me stronger. The experience teaches and shapes me, and I feel strangely empowered.

I am unique and special, there has never been anyone else exactly like me. I use each new day to flex my power.

Every time I am reminded that I have things to do, I am reminded that no matter how hard it might seem, I have the power to do it.

The most valuable thing in my career is my failures. Every failure gives me the power to know myself better.

I will not let what I can't do from stopping doing what I can do.

If you can dream it, you can do it.

I have the power to turn any setback to my advantage.

Power is neutral. It is how you choose to use it, and how you choose to allow others to use theirs that matters.

You can't count yourself as a failure if you are actually enjoying any part of your life.

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To try to be myself in a world that is constantly trying to make me something else. That is my secret strength.

Whenever that thought arrives that says "I'm not good enough" another little thought is busy whispering 'Actually, I am!'.

Self esteem is built from a stream of little successes. Spend the day counting how many things you got right today.

My name is [name], I am caring, smart, and people like me.

I praise myself when I get things right, the child in me needs hugs and encouragement just like every other child.

Today I am going to make a little quiet time to acknowledge just how well I am doing in some parts of my life.

All mirrors tell the truth, it's my mind that distorts the image. The truth is there, if only I will look at it with truthfulness.

People like how I am different.

Your self esteem is more about who you compare yourself to, than about anything you have done.

I do not have to prove myself to anybody.

True beauty is a reflection of what is within, not what is on the outside.

Live your life, not your label.

When I think about what I have done or said, I can find something good or positive about every situation.

Why should I still need approval from others at my age?

If I don't keep telling myself how good I am, who else will?

I make sure I get noticed in meetings by saying something, anything, in the first two minutes.

The more honest I am with myself and others, the more respect I get from them and myself.

Where I am now is just a necessary stage on the way to my transformation.

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Every day I find some way to make the value of my contribution known to my colleagues at work.

Do not be intimidated by successful people. Turn them into teachers.

We succeed at what we spend most time on. I don't intend to be really successful at sitting alone.

My strength is not that I never fail, but that I rise up again every time.

It's not about what I tried and failed in, it's about what it is still possible for me to do.

Nothing is good or bad, right or wrong, exciting or dull in itself - it is how I choose to let things affect me that makes it so. #positivity

Every thought is busy creating my future. I am getting busy creating the right thoughts. #positivity

Maybe today is a good day to spend a little quiet time to acknowledge just how well I am doing in some parts of my life.

What you think you are seeing is actually you seeing what you are thinking. #positivity

Every evening, hold out your hand, and count today's blessings into it. #positivity

When you look fear in the face, you will realize it is just a reflection in a distorting mirror.

There are no difficult problems, only unclear thinking. #positivity

I already have all I need: it only took a tiny stone to kill the giant.

By changing how I do things I am breaking the fear that kept me bound.

I know that no matter how bad it seems now, I have had worse, and it will pass.

While you are focusing on what you don't have, the power of what you do have is slipping away.

To a prisoner, anything can become a key. #positivity

Every day I do something to promote myself among my colleagues, to keep in touch, to remind them we are a community. #positivity

When you blame someone else for your problems, you are giving up the only power you have to create change: your own will. #positivity

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I measure my worth by the enjoyment I put into things, not from what I get out of them.
#positivity

There is only one hard question. It is: 'If you know you should be doing it, why aren't you?
#positivity

I know I am imperfect. That's OK. Because I am imperfect in my own special way, and it's good to be unique. #positivity

My personal worth is non-negotiable. It is always there, always positive, no matter what happens. #positivity

Good zoos need hummingbirds as well as elephants, so the sparrow is confident of its worth.
#positivity

I refuse to be labeled. Once a thing is labeled it stops being able to change. #positivity

I will accept my limits, as long as you will accept there is an infinite number things I can do within those limits.

No one can make you feel inferior without your consent. #positivity

Success comes from making myself feel good, and not from trying to make myself look good to others. #positivity

In generations to come, when people look back, the family history will start with me. #positivity

To build resiliency, you must have disappointments, and learn your own worth from them.
#positivity

The life you have is the story you tell yourself about the life you have. #positivity

You may know more than many and more than you give yourself credit for. #positivity

Every morning, before I go out, I bring to mind three really good things about myself. #positivity

If you are getting poor results, it's because you are not letting others help you. #positivity

Winners practice honesty in every part of their life, starting with accepting and acknowledging their feelings. #positivity

In life you will always find what you expect to find. To change the world, I change my expectations. #positivity

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You can't enjoy summer from inside a glazed room. Dare to break out from the chains of safety. #positivity

Even in the darkest places, I find friendly faces. #positivity

The simple stuff works. Just say 'hello'. #positivity

If I practice meeting the plain ones, that way I'll know what to do when the perfect one comes along. #positivity

She's probably just as lonely and confused as I am. Just saying 'Hello' can't be bad. #positivity

She's probably just waiting for me to talk to her first so she won't appear needy. #positivity

The thing that people find most attractive in other people is learning that you find them attractive.

If I've got nothing, I've got nothing to lose. There's nothing wrong with saying 'Hello'.

Today I am going out. I am going to smile and say 'Hi' to every stranger I pass. #positivity

Today is going to be an interesting day. Today I am 'outing' myself. It is time to tell people how I really feel inside.

I am smart, my opinions count, I am as good as anybody. #positivity

In a crowded room the first thing I do is look to find someone who looks isolated and uncomfortable. I go right up and say my name.

I never have anxiety in a group of strangers because I am too busy looking to help the one who is more social anxiety than me.

Social anxiety is just a reminder to me that it is time to turn to the person next to me and say, 'Hi, I don't think we have met...!'

Just because I had one bad experience it doesn't mean that I will have another one.

Don't worry about what other people think about you, because they don't.

It's time to let the part of me that knows about success talk to the part of me that needs some success.

If I keep on doing what I have always been doing, I am going to keep on getting what I have always been getting. #positivity

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You can't learn to swim unless you go into the water. Take the plunge today. #positivity

Remember, life begins beyond your comfort zone. #positivity

Every meeting is an opportunity. #positivity

When someone asks a question I don't want to answer I ask 'Why do you want to know'?
#positivity

Education and intelligence get you nothing without action. #positivity

It's always better to do something than to do nothing. #positivity

Everything happens for a reason. If you think hard enough, the reason will come to you.

Today I am thinking about how many shades of green there are, and how each one inspires me in a different way.

There are no accidents... everything is connected.

One daffodil is all I need to inspire me to think of summer days.

If you want to find peace and harmony in your life, first look inside.

If a man does only what is required of him, he is a slave. If a man does more than is required of him, he is a free man.

A day will never be any more than what you make of it.

Today I will be like a tree, stretching upwards and outwards towards a boundless sky.

Focus all your power in the present moment and the future will look after itself.

Whatever I need to know will be revealed to me the moment I am ready to use it.

There is always a way, and it is right in front of me at this moment.

What you think about, comes about

Clouds are never wrong.

The power you are searching for is already within you.

There is only one journey worth making, the journey deep into your own soul.

There is no such thing as absolute truth in life... reserve some space for things unknown.

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The real opportunities in life are uncomfortable because they force us to grow emotionally and intellectually.

I refuse to diminish my life by adapting my behavior to other people's fears.

Today I am finding success by asking four silly questions: Why? Why not? Why not me? Why not now?

We are what we repeatedly do. Excellence, then, is not an act, but a habit. So I can choose to be excellent.

I was born to succeed, not fail. Failure was something I was taught by others.

In every situation I keep it simple. Simplicity is the key to success.

Do everything the best you can, and constantly work to do better. And success will just sneak up on you.

The way to succeed is to always do what you are afraid to do.

Success isn't going to track you down and force itself upon you. So what are you going to do instead?

Effort is the single most overrated trait in producing success. If it is hard, you're doing it wrong.

Ignore your age. When you reach it, you won't reject success because you're not the right age for it.

I might as well arrange things so I enjoy my work. I am going to be doing it for a very long time.

If success depended on having enough information, librarians would all be millionaires.

Winning starts with beginning.

Everything you need to know about success is in three simple words: Can, Will, Now.

In order to have success I have to be willing to risk finding out what failure feels like.

The single most important part of success is deciding to be one.

Feeling successful or not is a matter of choice, it depends who you choose to compare yourself to.

Persistent attention is the essential precondition for all successful learning.

You may have to fight a battle more than once to win it.

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We could all take a lesson from the weather. It pays no attention to criticism.

All of us are self-made, but only the successful will admit it.

Our successes are often accidental, our failures never are.

Success has many fathers, failure is an orphan.

It's not what you have, but who you have, that counts as success.

Success is not what you learned but what you have done with it.

I have one future, one chance, and it starts now.

Knowledge and productivity are like compound interest. The longer you stick at it the more success you get.

I cannot expect to achieve success without having some defeats on the way.

I am not defeated until I personally agree that I am beaten. Until then I am still a contestant.

If you don't know where you are going you will probably end up going nowhere.

Attitude determines altitude.

Clarity of purpose is the single most important part of success.

Success does not indicate what you have achieved, success is an indicator of the best that is still within you.

Successful people expect the best from themselves and from others.

Keep on doing what you love with passion and care, and the rewards will come in due time.

I know I am destined for success, and every day I think of something to do that will bring that day closer.

Success is 80% attitude and 20% effort.

The more you learn, the more you realize there are no rules.

When you lose, don't lose the lesson!

The first step to success is to give yourself permission to ask for help.

Success in life is a matter of how much you share.

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You won't have a life of bread and roses, unless you make some bread first.

The world is full of golden opportunities for wealth and helpful people to get me there.

The universe always supplies more than we can use. I am entitled to have my share that wealth.

I am living right now in the richest time there ever has been in history. Money and wealth is all around, and I intend to share in it.

Wealth comes from adding value, and today I am going to see how I can add value to everything I touch.

I am ready to accept my share of the abundant wealth I see all round me. No one has any better claim to it than I do.

Abundance is contagious. That's why I choose to spend time with those who already know the secret of getting wealthy.

Wealth comes in many forms. Today I am investing in friends.

When you have reached your limit, how do you know that it isn't just a plateau on the way to true wealth?

Wherever I go, I find people ready to share their wealth of knowledge with me.

The more I help others, the wealthier I become.

Everywhere I look I see opportunities to save money and make money.

Whatever you do, do it passionately. You may get hurt, but that is the only way to really experience life.

People often say that motivation doesn't last. Well, neither does bathing - that's why I get motivated every day.

Today I begin a new part of my life.

There are no age restrictions on success.

The only diet worth following is refusing all negative thoughts.

You are what you eat. And I aim for quality.

The thin ones bury the fat ones.

Are you digging your own grave with your teeth?

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I know I am making progress towards losing weight, even if some days I can't see it.

Every time you start to eat stupidly, ask yourself, 'do I really need to listen to that three year old inside me?'

It's easier to resist at the beginning than at the end.

Nothing tastes as good as healthy feels.

From now on, whenever I feel down I am going for a walk, a walk away from the cupboard.

I can choose what I eat. I can choose when I eat. I can choose not to eat.

I always wait 15 minutes after I feel hungry before I eat anything.

I take a deep breath before every bite and ask myself 'Do I really need this now?' #positivity

My exercise is skipping, skipping something I would normally eat. #positivity

Just stop eating before you feel full, and you will start to fulfill. #positivity

From now on, my weight loss plan is, I never eat alone. #positivity

The simplest way to weight loss is to start using a smaller plate. #positivity

You are what you eat, and I want to be small, so I eat off a smaller plate. #positivity

Most successful weight loss techniques involve making a plan and helping yourself stick to it by celebrating every little success.

I can easily go between meals without eating anything. #positivity

In the long run, the body is not as important as the heart. #positivity

Scales are for Fish. #positivity

I am ready now... show me the way #positivity

Glad to be alive... thank you for this life #positivity

Open to love... love is all #positivity

Bless me... and keep me #positivity

Seeking and finding... beauty within #positivity

Whatever comes... I can do it #positivity

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Whatever it takes... I am ready #positivity

A drop of water... wears down stone #positivity

Breathing gently... calmly down #positivity

Nothing important... letting it go #positivity

Constant helper... faithful friend #positivity

Steady progress... happy end #positivity

All those problems... fading away #positivity #positivity

Still and silence... peace and calm #positivity

Life is for living... sweeten the days #positivity

Love and laughter... living well #positivity #positivity

Sunny mornings... happy days #positivity

Do it often... do it right #positivity

Softly gently... turning it round #positivity #positivity

Fears examined... melt away #positivity

Go... with the flow #positivity

Power and beauty... only the best #positivity

Deep inside... things unfolding #positivity

Paths before me... show the way #positivity

Silently connecting... the universe within #positivity

Positive way ... to positive change #positivity

I know this will work.... it's working now #positivity

I love and accept myself as I am. #positivity

Every new day is a better day. #positivity

I will persist until I succeed. #positivity

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Confidence is just an act. #positivity

There is little point in being the richest corpse in the graveyard.

I will get there, no matter what it takes.

I am going to be the best. #positivity

I can be No.1. #positivity

I am unique and special, there has never been anyone else exactly like me.

Adversity just makes me stronger.

I have the greatest power in the world - I have the power to change myself.

I do whatever works. #positivity

Frugality without creativity is deprivation #creativity #Pinterest #quotes

So you see, imagination needs modeling - long, inefficient, happy idling, dawdling and puttering

The creation of something new is not accomplished by the intellect but by the play instinct acting from inner necessity

The creative mind plays with the objects it loves #creativity #Pinterest #quotes

Creativity is a drug I cannot live without #creativity #Pinterest #quotes

The problem is never how to get new, innovative thoughts into your mind, but how to get old ones out

Every mind is a building filled with archaic furniture #creativity #Pinterest #quotes

Clean out a corner of your mind and creativity will instantly fill it #creativity #Pinterest #quotes

But, they don't create anything and they must never be allowed to stop the artist from creating #creativity #Pinterest #quotes

Creativity can solve almost any problem #creativity #Pinterest #quotes

The creative act, the defeat of habit by originality, overcomes everything #creativity #Pinterest #quotes

Perhaps someday we shall know how to heighten creativity Until then, one of the best things we can do for creative men and women is to stand out of their light

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To live a creative life, we must lose our fear of being wrong #creativity #Pinterest #quotes

You need to find out how you can bring it into being and that way be a playmate with God #creativity #Pinterest #quotes

Every child is an artist. The problem is how to remain an artist once he grows up #creativity #Pinterest #quotes

I started concentrating so hard on my vision that I lost sight of my problems #creativity #Pinterest #quotes

Creativity is allowing yourself to make mistakes #creativity #Pinterest #quotes

Every time we say, Let there be! In any form, something happens #creativity #Pinterest #quotes

Creative work is play #creativity #Pinterest #quotes

It is free speculation using materials of one's chosen form #creativity #Pinterest #quotes

The most potent muse of all is our own inner child #creativity #Pinterest #quotes

The noun of self becomes a verb #creativity #Pinterest #quotes

This flashpoint of creation in the present moment is where work and play merge #creativity #Pinterest #quotes

The secret of happiness is to make others believe they are the cause of it

Happiness is nothing more than good health and a bad memory

The happiness of a man in this life does not consist in the absence but in the mastery of his passions

A person is never happy except at the price of some ignorance

Happiness arises in a state of peace, not of tumult

Happiness depends upon ourselves

Happiness is that state of consciousness which proceeds from the achievement of one's values

Do not weep; do not wax indignant

Content makes poor men rich; discontentment makes rich men poor

Cherish all your happy moments: they make a fine cushion for old age

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This is the best kind of voyeurism, hearing joy from your neighbors

Sometimes it's hard to avoid the happiness of others

Fun; there should be a lot of fun and no more sadness than absolutely necessary

It's not only the scenery you miss by going too fast - you also miss the sense of where you are going and why

A lifetime of happiness! No man alive could bear it: it would be hell on earth

Many persons have a wrong idea of what constitutes true happiness

It is not attained through self-gratification but through fidelity to a worthy purpose

Man is the artificer of his own happiness

If we cannot live so as to be happy, let us least live so as to deserve it

Personal happiness lies in knowing that life is not a checklist of acquisition or achievement

The foolish man seeks happiness in the distance, the wise grows it under his feet

At the height of laughter, the universe is flung into a kaleidoscope of new possibilities

Fill In the Blanks

Things will be better when _____ (fill in the blank)

Tomorrow I will _____ (fill in the blank)

If I could change one thing about today, I would change _____ (fill in the blank)

Roses are red, violets are blue _____ (fill in the blank...be creative)

My favorite song is _____ (fill in the blank)

My favorite color is _____ (fill in the blank)

You get the idea right. These types of posts can be very engaging.

This or That?

Roses or Carnations?

Cats or Dogs?

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Hamburgers or Hot Dogs?

Ice Cream or Gelato?

Vanilla or Chocolate?

Milkshake or Soda?

Miami or Vegas?

Vegan or Meat Eater?

Themes

Women Crush Wednesday

Motivational Monday

Mad Money Monday

Money Making Mondays

Tech Tuesday

Trends Tuesday

Women Crush Wednesday

Trends Thursday

Fan Page Friday

Freebie Friday

Free Tip Friday

Free Training Friday

Friends Friday

Wellness Wednesday

Time Out Thursday

Throwback Thursday

Social Media Saturday

Shout Out Your Biz Sunday

Soul Searching Sunday

Facebook Live Video Ideas

Product Demonstrations

Product or Service Education

Launch a new product

Announce an event

Introduce a new team member.

FAQs – Frequently Asked Questions

Interviews

Give a Peek “Behind The Scenes”

Give a “Back office” tour

Announce “Hot off the press” or “Breaking” News

Case studies

Give Live Feedback

Host a Live Coaching Session

I hope you enjoy these social media post ideas and that they help to get your creative juices flowing. Make sure to continue to connect with me at www.tonicolemanbrown.com



With your success in mind,

Toni Coleman Brown

